

MENTOR ASSESSMENT

Analyze What It Takes for You to Invest in Others

Pairs with *The Master Leader* chapter 12, “Mentor Leaders”

For many, mentoring seems like a daunting task. We don’t feel qualified to make our life a model for others. But if you think about those who made the greatest impact in your life, it was their simple presence, not their impressive performance, that mattered most. You can do that!

The Mentor Assessment invites you to reflect on the individuals who have significantly impacted your life across various stages. By identifying the qualities and actions that made these mentors influential, you gain insights into the mentoring style that resonates with you and those you lead. By recognizing the simplicity of impactful mentoring—often marked by presence rather than performance—you will be inspired to up your own mentoring game and make a more meaningful impact in the lives of others with actions you can choose right now. Remember, mentoring is the pinnacle of becoming a Master Leader.

STEP #1 In the chart below, write the names of three people who helped shape you in each of these ages.

STEP #2 Try to identify the impact they had on your life with brief words or phrases. It could be “confidence,” “curiosity,” “grit,” “spiritual awareness,” “athletic skill,” “music,” “love for nature,” etcetera.

STEP #3 In a column labeled “Action,” identify what they did specifically that made this impact. For example, this could be “attended baseball practice,” “shared words of affirmation,” “gave quality time,” “purchased equipment,” or “showed interest.”

Age	Mentors	Impact	Action
0-10			
11-18			
19-29			
30+			

Once your chart is filled out, circle actions in the final column that you feel qualified to take with others. Fill in the chart below. Only this time, identify one person in each of these age ranges that you could impact with those simple actions.

Age	Person	Action
0-10		
11-18		
19-29		
30+		